

Dr. Vance Elliott
Closure Fast Procedure
Patient Instructions

Before Your Procedure:

- If you think you require a mild sedative, please arrange for someone to drive you home following the procedure
- Ask your physician about taking any prescription medications before your procedure

After Your Procedure:

- Return to normal activities, remain active
- Ambulate (Walk) at frequent intervals, at least 30 minutes daily
- Do not sit or stand for long periods
- Refrain from strenuous activities or heavy lifting for at least one week
- Wear compression stockings for 72 hours after procedure, day and night
- After the 72 hours you may remove the stocking and any bandaging, and have a shower. Continue to wear your compression stocking during the day only for the next 2 weeks minimum.
- You make regular Tylenol or Advil for any discomfort you might have post procedure.
- You are required to make an appointment for an Ultrasound after 72 hours post procedure. Our office will provide you with details.
- Return for ultrasound follow-up with Dr. Elliott within the next 2 to 3 weeks

Follow-up Ultrasound with Dr. Elliott

- Date: _____

- Time: _____ am/pm

You may contact our office if you have any further questions or concerns at (780) 416-8999