

**Advanced Hair & Skin Surgery**  
**Dr. Vance Elliott**  
**Jesner (Vivier) Peel**  
**Information & Instructions**

**Pre-Treatment Instructions**

One week before your Jesner (Vivier) Peel avoid these products and/or procedures

- Electrolysis
- Waxing
- Depilatory Creams
- Laser Hair Removal

Two to three days before your Jesner (Vivier) Peel stop using

- Retin-A, Renova, Differin (Adapalene 0.1%), Tazorac
- Vitamin C
- Any products containing Retinol, AHAs or BHAs, or Benzoyl Peroxide
- Any exfoliating products that may be drying or irritating
- Shaving of the area to be peeled should be avoided on the day of the peel

**CONTRAINDICATIONS**

Active cold sores, warts, herpes simplex

Wounded, sunburned or excessively sensitive skin

Dermatitis and inflammatory rosacea

Accutane use within one year

History of chemotherapy or radiation therapy

Allergies to salicylates (ie, aspirin)

Pregnancy or active breastfeeding

**During the procedure** you may feel a mild tingling, burning or warmth on your skin. This is to be expected. After the treatment, your skin will have a slight yellowish tinge. This will last approximately one to two hours and will fade.

**Post Peel Instructions**

**SUNBURN ALERT**

This procedure utilizes salicylic acid, lactic acid and retinoic acid, any of which may increase the skins sensitivity to the sun and particularly the possibility of sunburn. We recommend the use a SPF 20 or higher sunscreen for at least 1 week after treatment. You will need to limit any sun exposure for at least the next week.

The skin may look and feel like mild windburn for the next 2-3 days prior to peeling. After approximately 48 hours, a slight flaking may occur, which can last for 2-5 days. **DO NOT PICK OR PULL THE SKIN.** Peeling can be controlled with moisturizers. When washing your face, do not scrub. Use a gentle cleanser. Do not wear foundation on your skin until all peeling has stopped. Avoid the sun and any irritants such as AHAs, BHAs, Vitamin C, Retinoic acid or Retinol creams